



# NEWS RELEASE

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## **February is Women's Heart Health Month**

Heart disease is the No.1 cause of death of American women and women Veterans. With the number of female Veterans and women in the military rising, and the American Heart Association's Go Red For Women® entering its 10<sup>th</sup> year, now is the time to unite in the fight against the number one killer of women and advocate for an increase in women-focused care. The White City VA and American Heart Association are working together to serve the 90 percent of women who have one or more risk factors for developing heart disease. We at the VA are thankful for the opportunity to provide thousands of women with life-saving information about their personal risks. By combining efforts, the organizations can maximize their resources and share Go Red For Women's health tools with women Veterans and VA employees.

Women serve in every branch of the military, representing 15 percent of today's active duty military and nearly 18 percent of National Guard and Reserve forces.

The VA is committed to serving these women and meeting their health needs. Call us at 541-826-2111 ext. 3366 for more information or to access care.